



Homeopathic Chart

Rescue Remedy		anxiety: orally (30-60gtts) and /or apply topically Cream 1/8 tsp. or liquid 3-4gtts
Aconitum Nap	6c	sudden violent onset, fear & anxiety, restlessness, may have increased HR, <cold, motion and touch
Alumina	6c	fear of blood, fear of knives, marked slowing and confusion of neural Impulses
Apis Mell	6c	acute sudden, dry, hot allergic reaction, sting pain, insect bite, diuretic, edema stinging pain, swelling, <heat, >cold
Arsenicum	6c	anxiety, spasms/tremors veins, hemorrhaging, small sips liquid
Arnica Montana	6c	shock form injury, blows, falls, vascular lesion, hemorrhage, wounds, contusions, bruises <cold, motion, touch, > lying
Carbo Veg	6c	stagnation or sluggishness of blood flow, cold or bluish skin, wants cold water during chills, burning pain internally while cold externally, desires being fanned, < loss fluid, >cool air
Gelsemium	6c	confusion, drowsiness, drooping eyelids, extreme weakness, following fear or anxiety, thirst less
Hypericum Perforatum	6c	excessively painful, sharp shooting pain, injuries to nerves & spine, crushing injuries, lacerations of finger tips, coccyx, punctures, <cold, touch
Ipecac	6c	bronchodilator
Ledum Pal	6c	ill effects of puncture wounds, cuts, ecchymosis, & bruises, wounds become cold, stinging pain, pain travels upwards, chronic rheumatism, follows Arnica well, <warm, night, >ice cold water
Nux Moschata	6c	confusion, overwhelming drowsiness, following infection, allergy, shock, Etc., giddiness, forgetful, dry eyes, mouth, tongue
Nux Vomica	6c	fear of own blood
OP	6c	insensibility, painlessness, drowsy, stupor, sluggishness of function, Face sweaty, weak pulse, irregular respiration, thirsty, <heat, fright, Cold air, caffeine, walking
Silica	6c	Fear of needles
Veratrum alb	6c	sudden violent onset, collapse, extreme coldness bluing of parts, cold sweats on forehead, delirium, < cold drinks, motions, > warmth
Calendula Succus	1oz tincture	