

Intravenous Ingredients	Dosage Range
<b>Fat Soluble</b>	<b>Always given alone (NEVER MIX with other things)</b>
Vitamin A	Expensive and Not Readily Available
Vitamin K	K1: Subcutaneous only (Rarely Given) K3 (Rarely given): 250 mg to 1 gram
Vitamin E	(Rarely Given) 0.5 - 1 ml
Vitamin D	Intramuscular: 50,000 IU - 500,000 IU per dose IV: Requires special training
Phosphatidylecholine	600 - 3600 mg
Alpha Lipoic Acid	100 - 600 mg
<b>Water Soluble</b>	<b>Can mix with other Water Soluble</b>
B1 (Thiamine)	100 - 300 mg
B2 (Riboflavin)	50 - 200 mg
B3 (Niacinamide)	100 - 1000 mg
B5 (Dexpanthenol)	250 - 4000 mg
B6 (Pyridoxine)	100 - 200 mg
B7 (Biotin)	1-10 mg
B12 (Methyl-B12)	1 - 10 mg
B12 (Hydrox-B12)	1 - 10 mg
(5-MTHF) 5-Methyl-Folate	2.5 - 10 mg
Folinic Acid (Leucovorin Calcium)	5 - 50 mg
B-Complex	1 - 5 ml
Vitamin C (Ascorbic Acid)	5- 200 ml (2.5 - 100 grams) (Need lab G6PD over 20 ml)
Calcium Gluconate	1 - 20 ml (100 - 3000 mg)
Calcium Chloride	1- 5 ml (100 - 500 mg)
Magnesium Sulfate	1 - 8 ml (500 - 4000 mg)
Magnesium Chloride	1 - 20 ml (200 - 4000 mg)
Potassium Chloride	1 - 8 ml (2 - 16 mEq)
Chromium	20 - 400 mcg
Copper	0.4 - 1 mg
Manganese	0.15 - 0.8 mg
Molybdenum	Not Currently Available
Selenium	200 - 600 mcg
MTE-4 or MTE- 5	1 - 2 ml (Can cause phlebitis)

Zinc Sulfate or Chloride	1 - 25 mg
Iron	Special instructions required
DMSO 99%	5 - 20 ml (NEVER EXCEED 10% concentration in bag --> Hemolysis)
MSM	100-200 ml
H2O2 (3%)	0.5 ml - 3 ml
Glycyrrhiza	200 - 1600 mg
Aminosyn II or Freeamine III	25 - 100 ml (Don't EXCEED 2% concentration in bag for peripheral infusions)
Arginine	100 mg - 1000 mg (Can go up to 35 grams must ramp up and watch for SE)
Carnitine	500 mg - 2000 mg
N-Acetyl-Cysteine	500 - 2000 mg
Glutamine	Not readily available (100 - 5000 mg)
Glutathione (Keep ALONE) DON'T MIX	600 mg - 10,000 mg
Glycine	50 mg - 500 mg
Histidine	Not Currently Available
Lysine	100 mg - 500 mg
Methionine, Inositol, Choline	1- 5 ml
Proline	Not readily available (50 - 500 mg)
Taurine	100 - 500 mg
Tryptophan	Not readily available (30 mg - 1000 mg)
Threonine	Not readily available (50 mg - 500 mg)
Valine	Not readily available (50 - 500 mg)