



Compounded Dosing

- Currently available in 10 ml Vials
- NAD 50 mg /mL
- NADP 50 mg/mL
- Initial test dose: 1 ml /100 ml Normal Saline or in any Vitamin / Mineral protocol

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NAD

Nutrient	mg/ml	mL	mOsm/ml	mOsm*vol
1. NAD	50 mg	10-20		
10. 0.45% Normal Saline		50-500 mL	.16	
Glutathione IV push/drip	200 mg	5-10		
Totals:				

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Protocol: Nutrient and NAD

Nutrient	mg/mL	mL	mOsm/mL	mOsm*vol
1. Calcium Gluconate, 10%	100	2	0.68	1.36
2. Magnesium Sulfate, 50%	500	4	4.06	8.24
3. Potassium Chloride	2 mEq	2	4.0	8.0
4. Selenium	200 mcg	1	0.0014	0.0014
5. Ascorbic Acid	500 mg	10	5.9	59.00
6. Molybdenum	25 mcg	5	0.80	4.0
8. Dexpanthenol	250	1	1.22	1.22
9. Pyridoxine	100	1	1.46	1.46
10. Hydroxocobalamin	1	2	0.31	0.62
11. B-complex 100	100	2	2.04	4.08
12. Folic Acid	10	1	0.33	0.33
13. NAD	50 mg	1		
14. 0.45% Normal Saline		500	0.16	80
Totals:		532		

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Protocol: Vitamins with Amino Acids

Nutrient	mg/mL	mL	mOsm/mL	mOsm*vol
1. Magnesium chloride 20%	200	8	2.95	14.75
2. Calcium chloride 10%	100	2	2.04	4.08
3. FreeAmine 10% or Aminosyn 8.5%		50	.92	18.4
4. Pyridoxine	100	2	1.46	1.46
5. Dexpanthenol	250	2	1.22	1.22
6. Hydroxycobalamin	1	2	0.31	0.31
7. B-Complex 100	*	2	2.04	2.04
8. Ascorbic acid	500 mg	10	5.94	59.4
9. NAD	50 mg	2-10		
10. Taurine	50	2	.53	1.06
11. Potassium Chloride	2 mEq	2	4.0	8.0
12. 0.45% Normal Saline		500	.16	80
13. Glutathione IV Push/drip	200 mg	5		
Totals:				

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Protocol Nutrients and NAD + fluids

Nutrient	mg/ml	ml	mOsm/ml	mOsm*vol
1. Magnesium sulfate, 50%	500	4	4.06	16.24
2. Potassium Chloride	2 mEq	2	0.68	0.68
3. Selenium	200 mcg	1	0.0014	0.0014
4. Pyridoxine	100	2	1.46	1.46
5. Dexpanthenol	250	2	1.22	1.22
6. Hydroxycobalamin	1	2	0.31	0.31
7. B-Complex 100	100	1	2.04	2.04
8. Ascorbic acid	500 mg	2	5.94	11.88
9. NAD	50 mg	10-20		
10. 0.45% Normal Saline		1000	.16	80
Glutathione IV push/drip	200 mg	5-10		
Totals:				

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